



mySugr  
HEALTH

**e-day: play**

5.3. 2015



DIABETIC



**30 JAHRE MIT DIABETES**

**30 JAHRE MIT DIABETES**

**60.000**

**INJEKTIONEN**

# 30 JAHRE MIT DIABETES

60.000

INJEKTIONEN

1.8L

BLUT

# 30 JAHRE MIT DIABETES

60.000

INJEKTIONEN

1.8L

BLUT

75.000

BLUTZUCKER TESTS





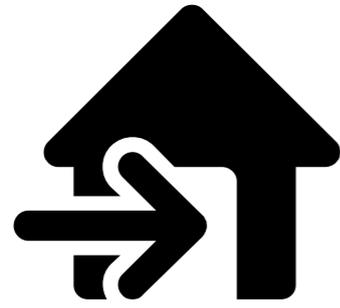
**WE WANT TO MAKE  
DIABETES SUCK LESS**

# GESCHICHTEN & ERLEBNISSE

durch Design and positive Psychologie

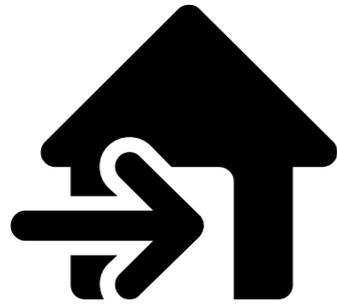




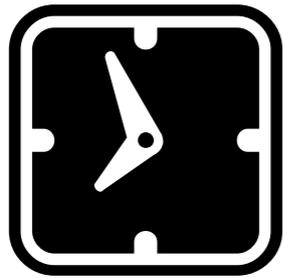


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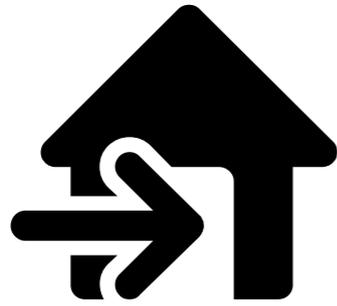




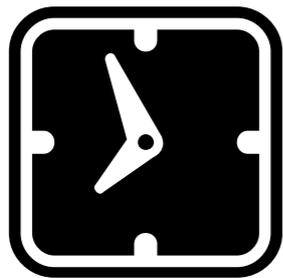
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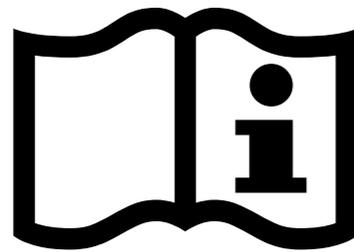
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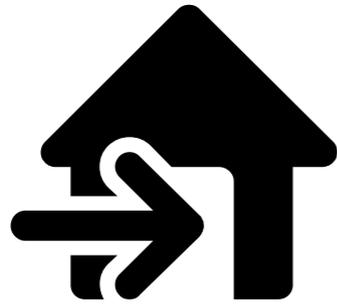
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**zeitlich begrenzt**



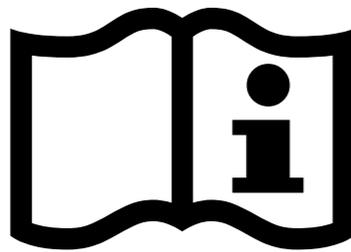
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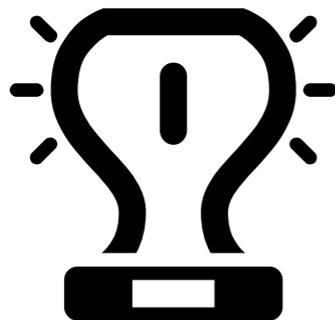
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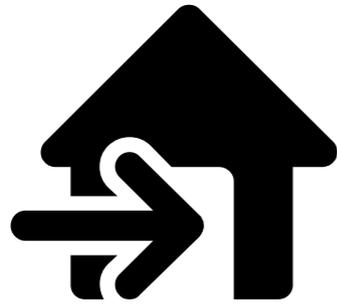
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**zusätzliches Regelwerk**



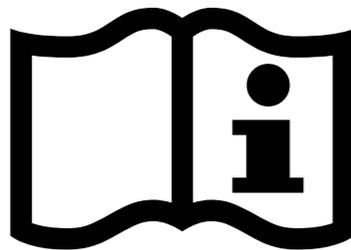
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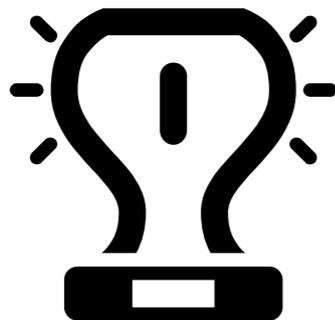
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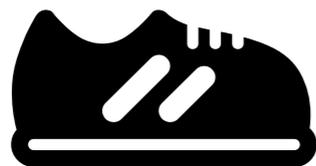
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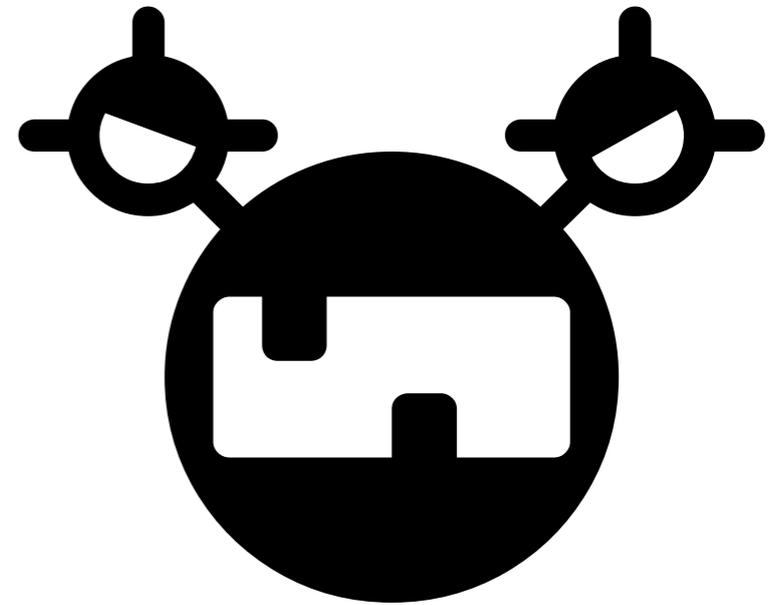
**zusätzliches Regelwerk**



**mit spannendem Ziel**



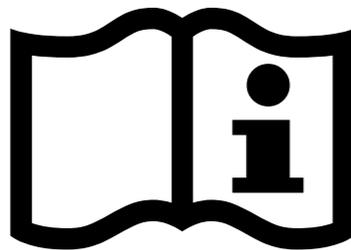
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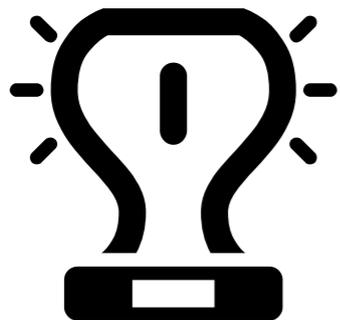
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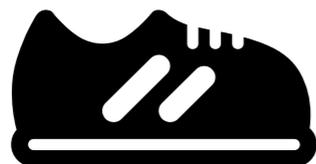
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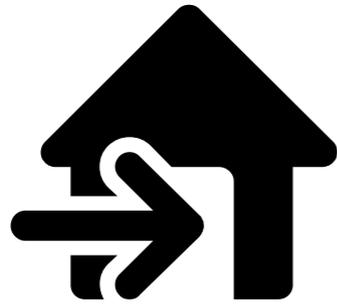
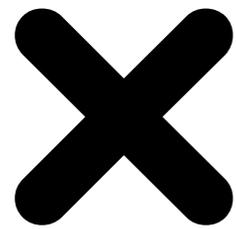
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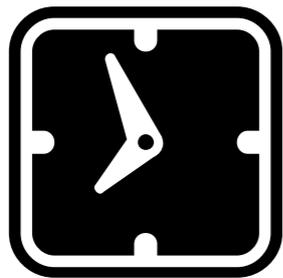
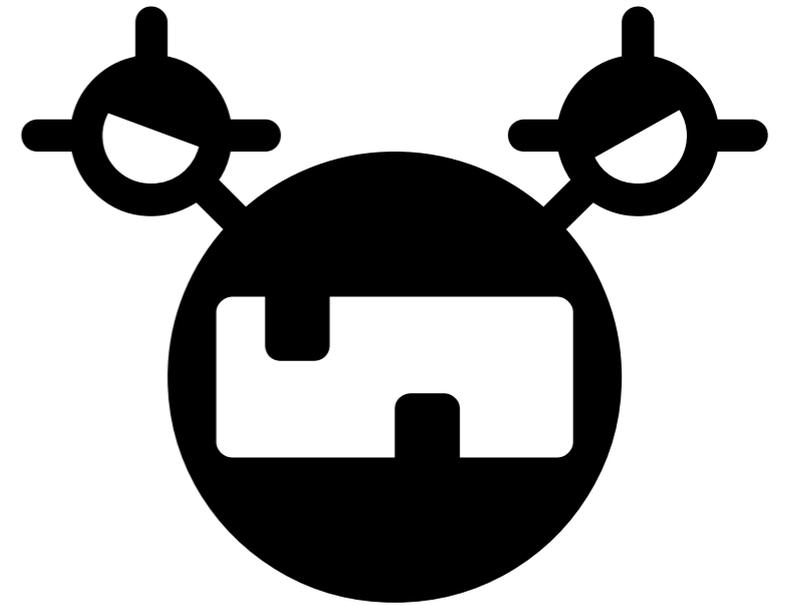
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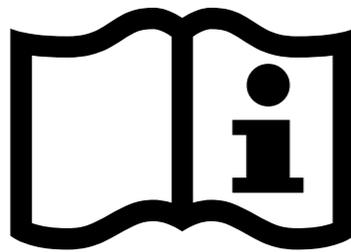
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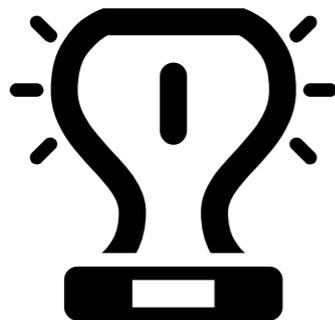
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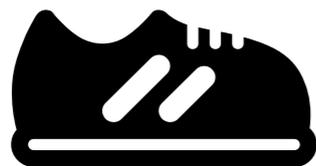
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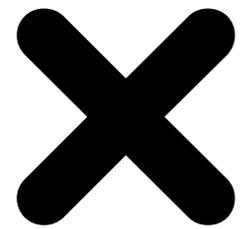
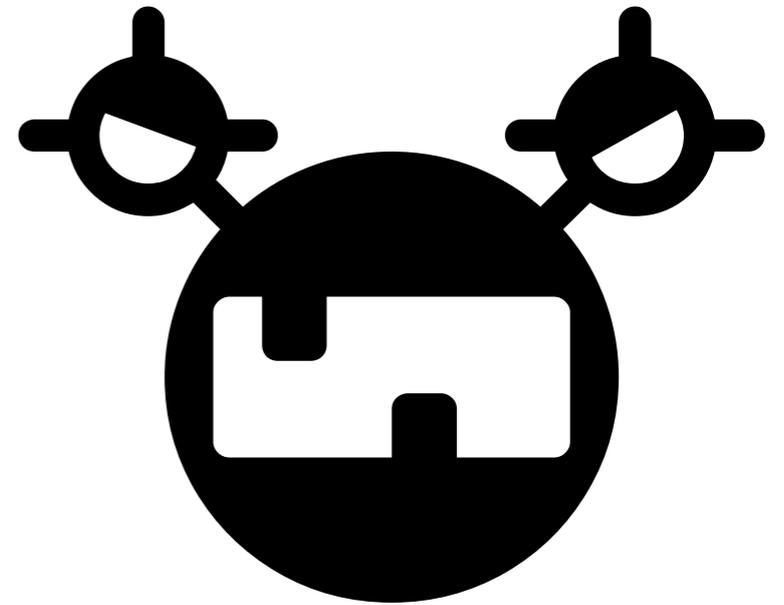
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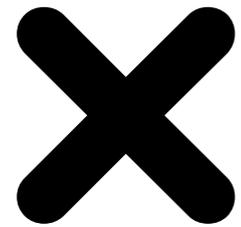
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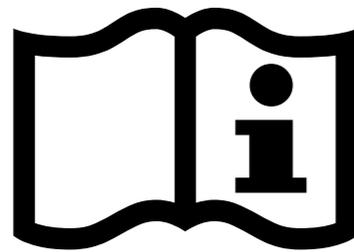
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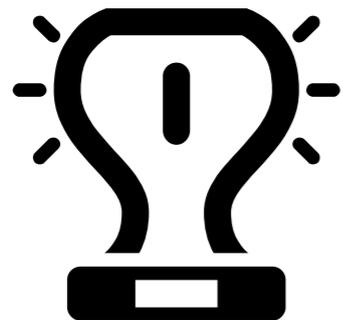
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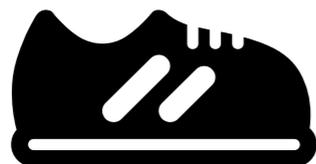
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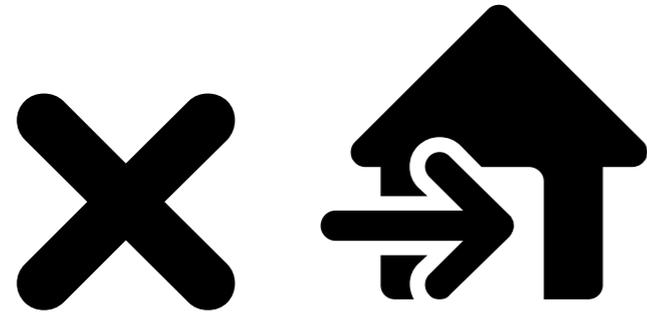
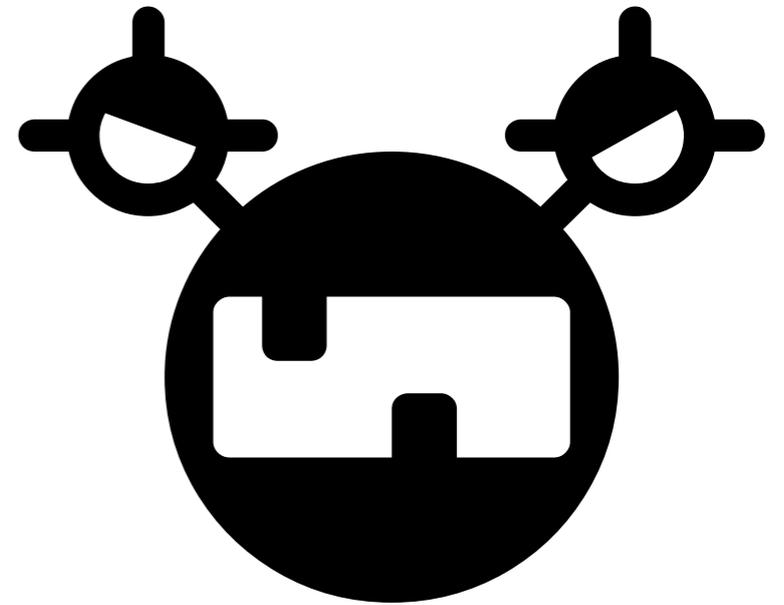
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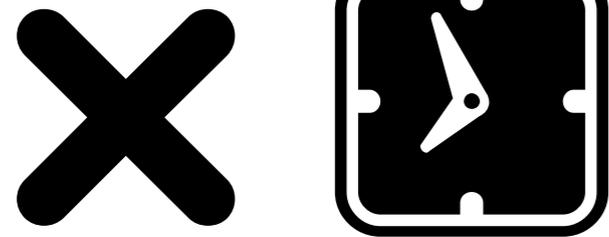
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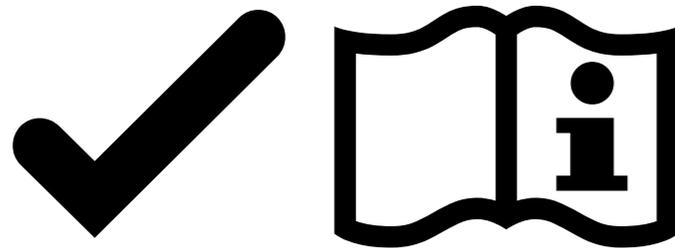
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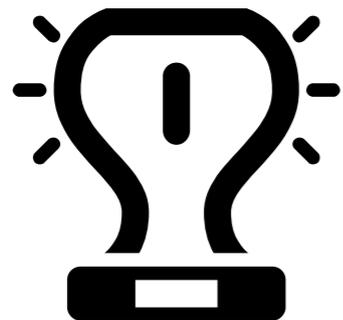
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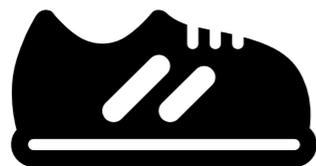
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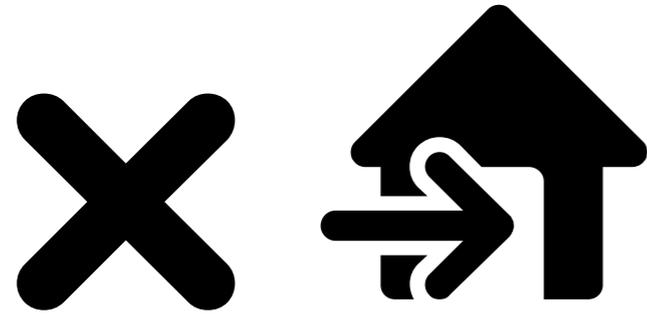
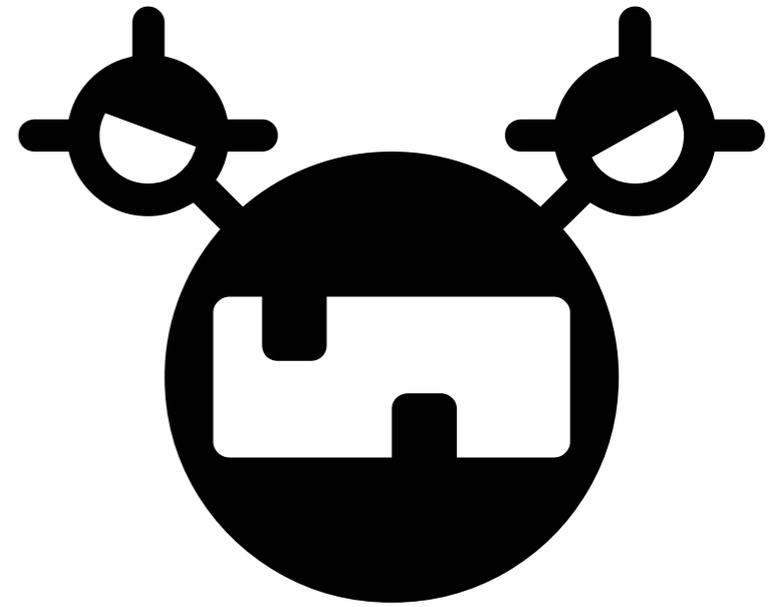
**zusätzliches Regelwerk**



**mit spannendem Ziel**



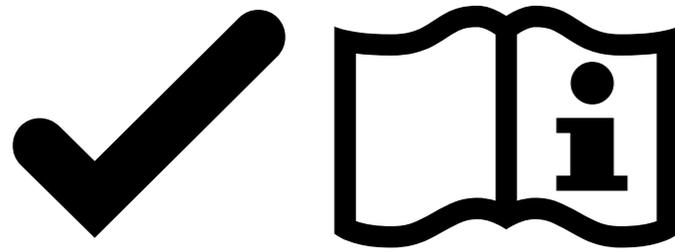
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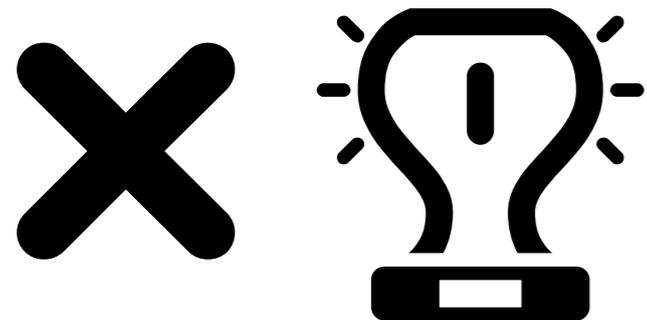
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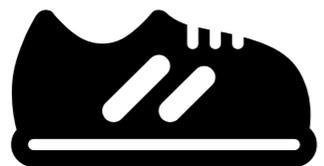
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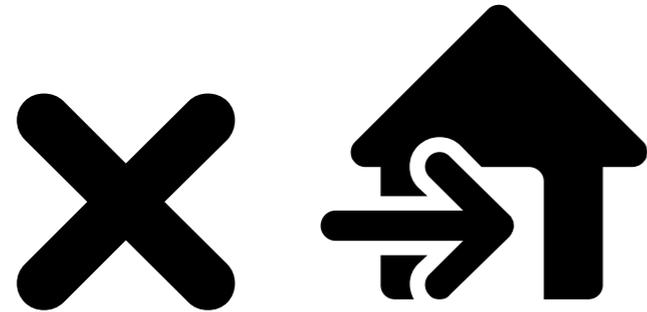
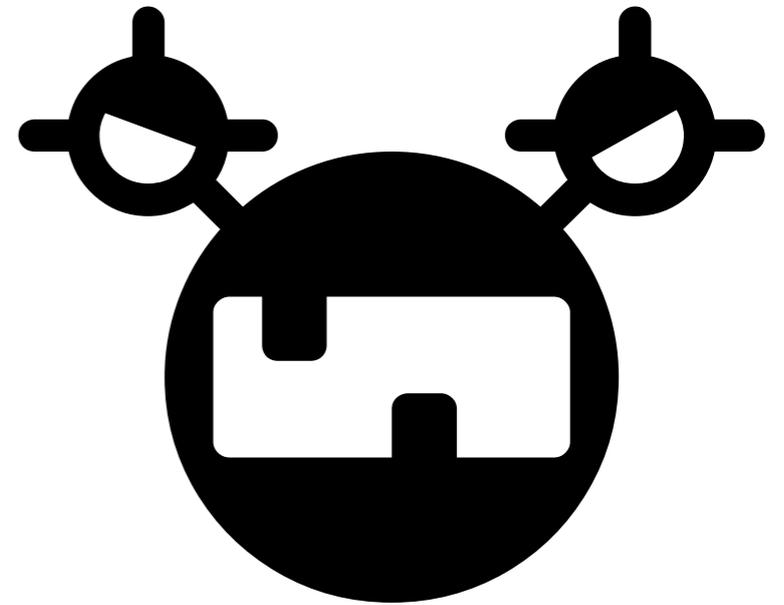
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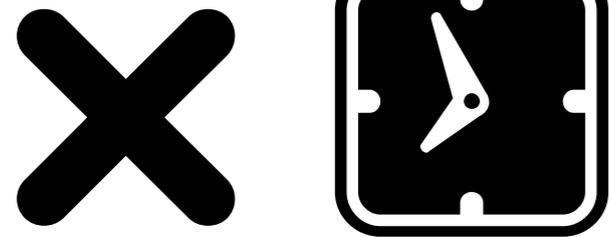
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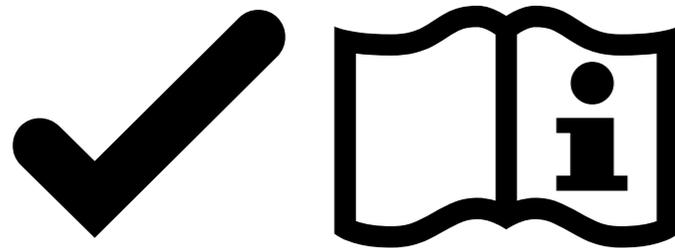
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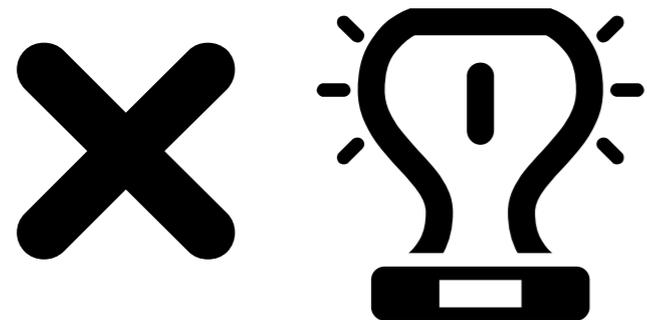
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**zeitlich begrenzt**



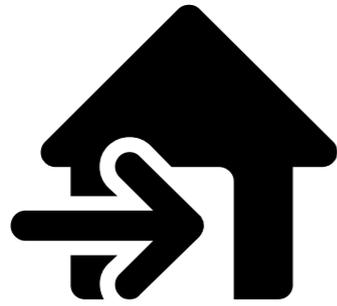
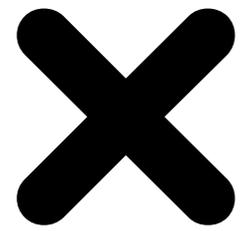
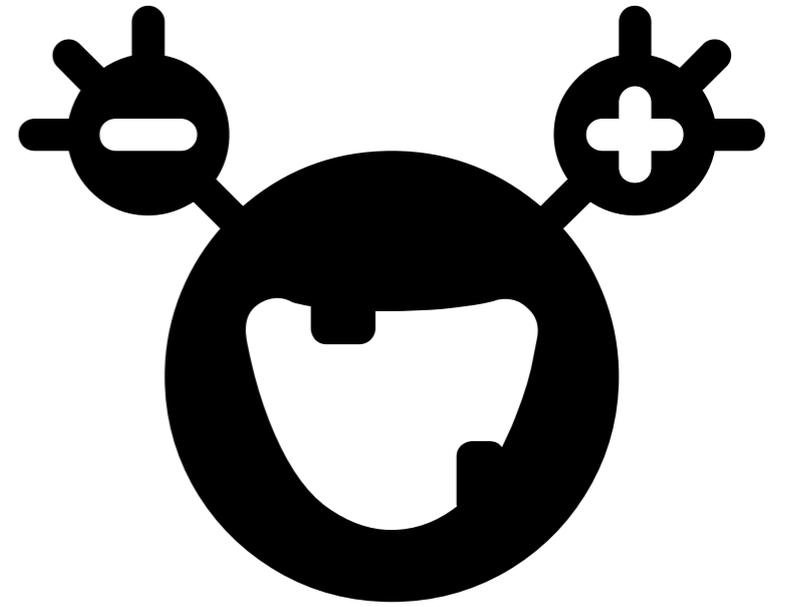
**zusätzliches Regelwerk**



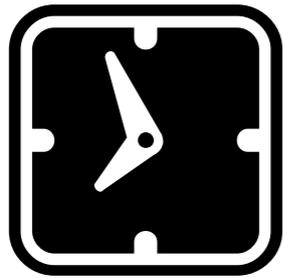
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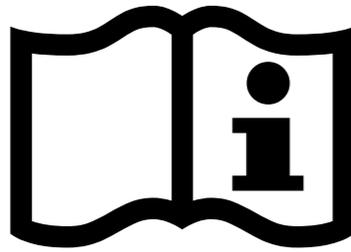
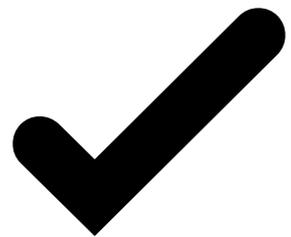
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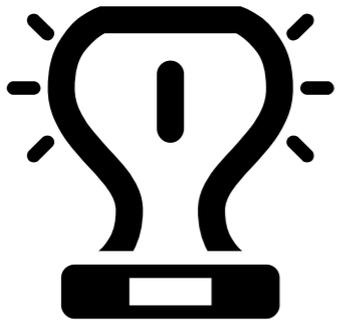
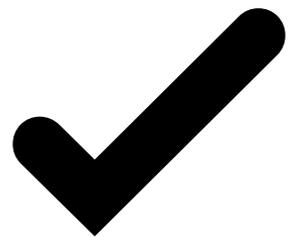
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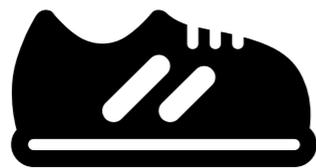
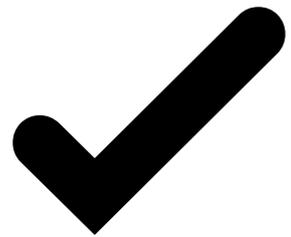
**zeitlich begrenzt**



**zusätzliches Regelwerk**



**mit spannendem Ziel**

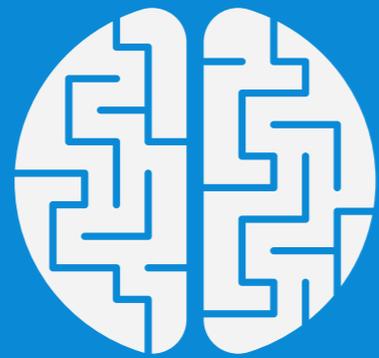


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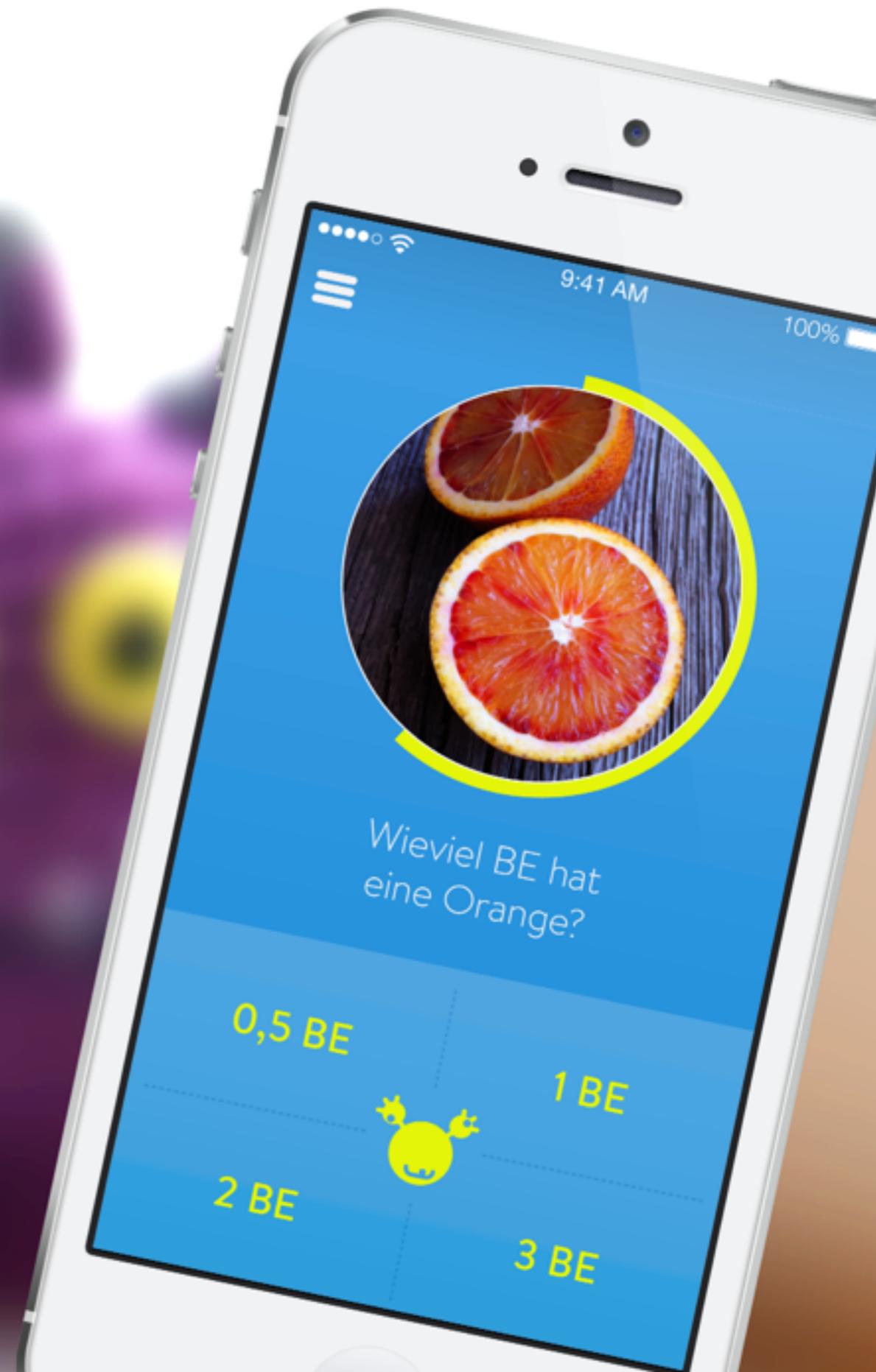


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LOGBOOK





mySugr  
QUIZ



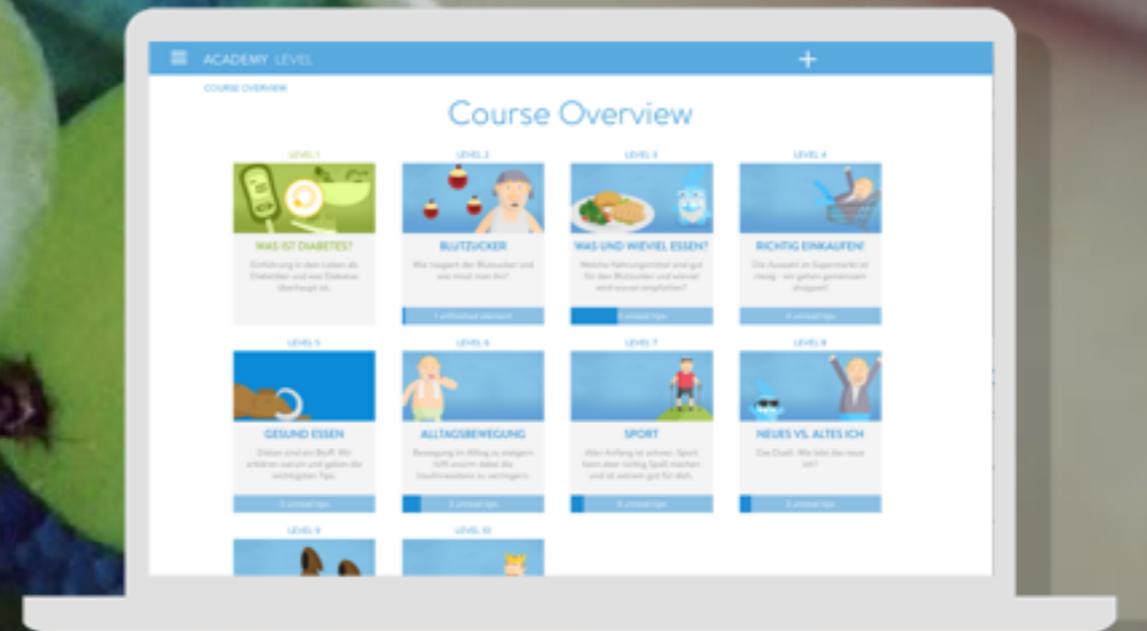


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COURSE OVERVIEW

# Course Overview

LEVEL 1



**WHAT IS DIABETES?**  
Short introduction to the topic of diabetes.  
0 of 250 Pts

LEVEL 2



**BLOOD SUGAR**  
Introduction to the topic of blood sugar.  
1000 Pts

LEVEL 3



**WHAT & HOW MUCH FOOD**  
Infos about a balanced diet.  
1000 Pts

LEVEL 4



**PROPERLY SHOPPING**  
Infos about a balanced diet.  
1000 Pts

LEVEL 5



**FOOD ALTERNATIVES**  
Infos about a balanced diet.  
1000 Pts

LEVEL 6



**EXERCISE**  
Infos about a balanced diet.  
1000 Pts

LEVEL 7

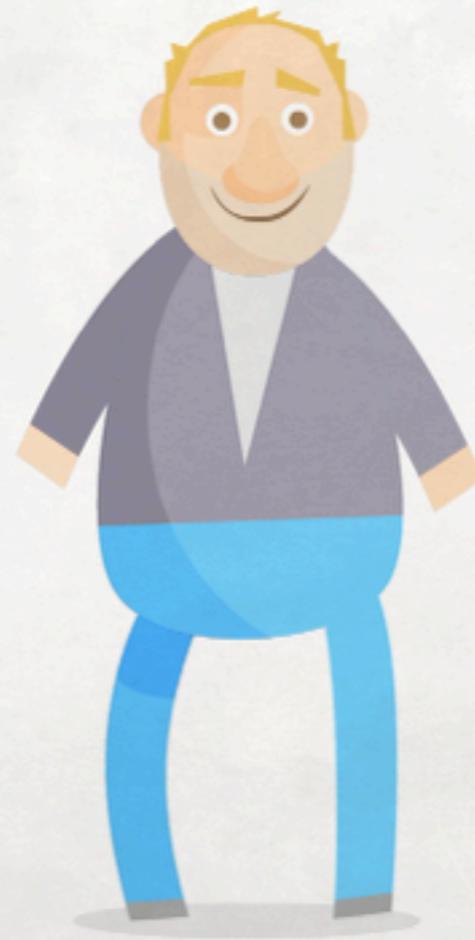


**POWER BALANCE**  
Infos about a balanced diet.  
1000 Pts

LEVEL 8



**TRAININGS WEEK**  
Infos about a balanced diet.  
1000 Pts





## PROF. DR. MORTEN SCHÜTT

Head of Diabetes Dep. at University Hospital Lübeck



## DR. WILLIAM POLONSKY

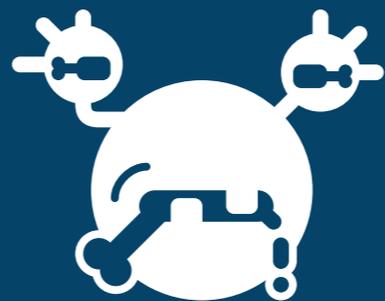
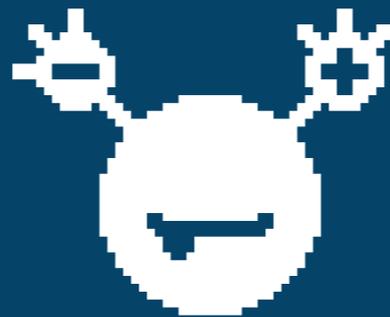
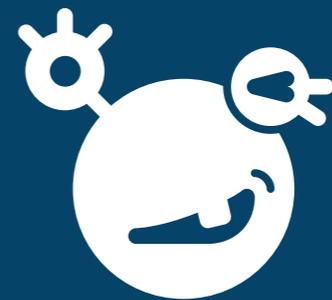
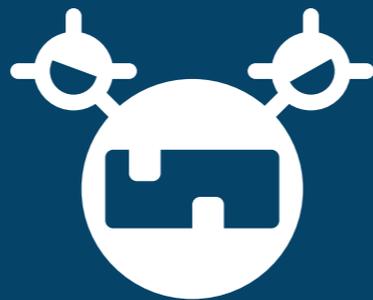
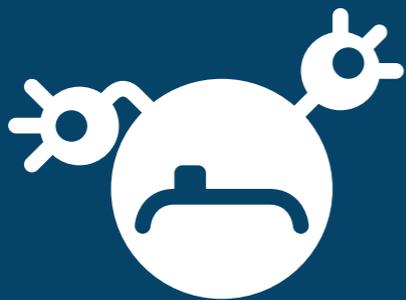
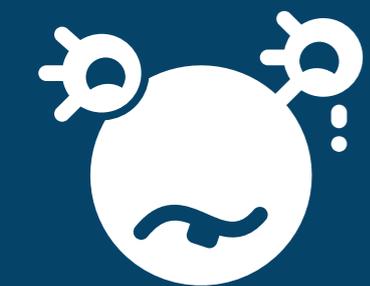
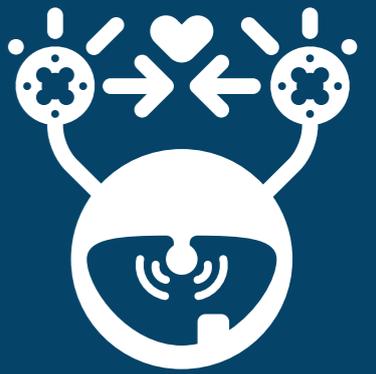
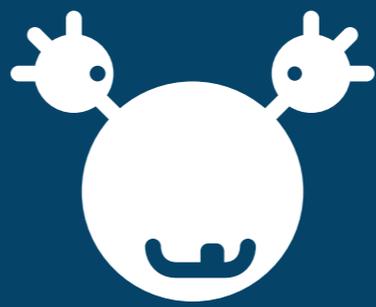
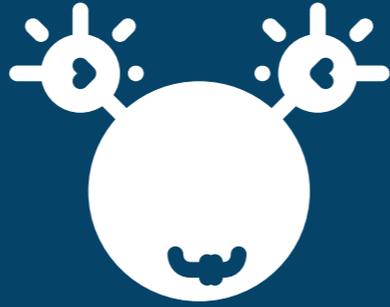
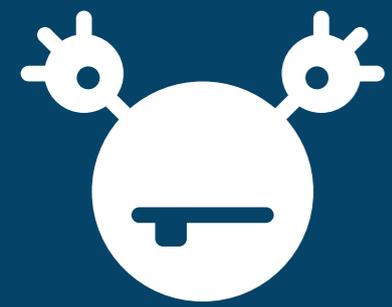
Co-Founder & President of Behavioral Diabetes Institute

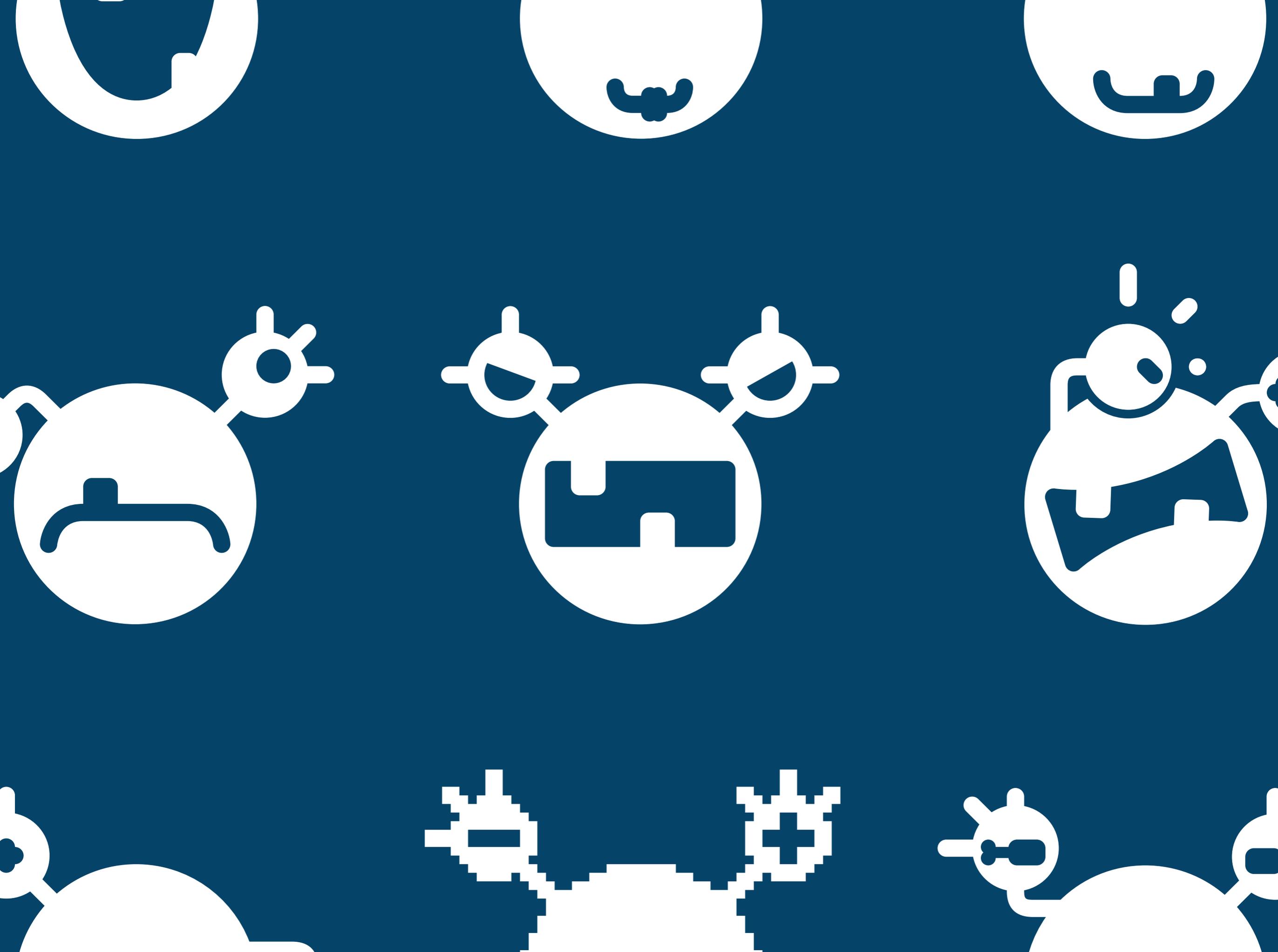


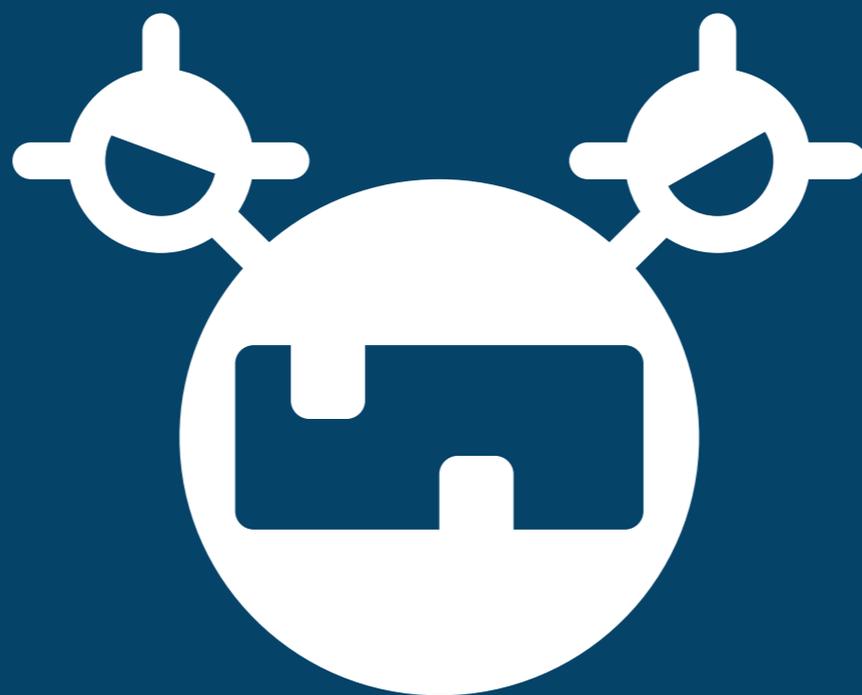


mySugr  
IMPORTER















DIABETIC

Fredrik Debong  
[fd@mysugr.com](mailto:fd@mysugr.com)



*Danke e-day und WKO!*